

Health, Happiness & Freedom'

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MOROCCAN CARROT SALAD



The Goodies List @

2 large carrots, peeled and grated 1/4 cup sultanas

½ red capsicum, diced 2 cups coriander

1 red onion, diced 1 beetroot, peeled and grated

handful sunflower seeds 1/4 cup pistachios, whole

1/4 cup almonds, roughly smashed handful of pepitas

Dressing ©

2 tablespoons extra virgin olive oil 1/2 tsp ground cumin

Juice and zest of one lime 1/4 tsp ground ginger

1 tblsp honey sprinkle of chilli powder

½ tsp ground cinnamon sea salt & pepper

Always Bring Your Joy and Passion to Create @

Salad – Mix all the ingredients in one bowl.

Dressing – Mix all the ingredients in another bowl. Do a taste-test and customise to your own liking with sweetness and spices. To keep the salad fresh, I dress as I use it... Enjoy! Special Thanks to Michelle Steen for sharing this recipe[©]

